

SCHEDULE of PERMITTED KATA at AKF NATIONAL CHAMPIONSHIPS

Version 4.0

CHILDREN

- May repeat but not in consecutive rounds
- Regardless of number of rounds, the final round is always Tokui

Category	Round 1 AND 2	Round 3 and after
Children 8 and 9 Years	Heian/Pinan, Gekisai, Saifa or Kanshuwa	Tokui – Free
Children 10 & 11 Years	Heian/Pinan, Gekisai, Saifa or Kanshuwa	Tokui – Free
Children 12 & 13 Years	Heian/Pinan, Gekisai, Saifa or Kanshuwa	Tokui – Free

CADETS

- Tokui
- NO Repeats

JUNIORS and UNDER 21

- Tokui
- NO Repeats

SENIORS

- Tokui
- NO Repeats

VETERANS

- Tokui
- NO Repeats

TEAM KATA - CHILDREN

- May repeat but not in consecutive rounds
- Regardless of number of rounds, the final round is always Tokui
- No Bunkai required

Category	Round 1 AND 2	Round 3 and after
Children Team 13 Years & Under	Heian/Pinan, Gekisai, Saifa or Kanshuwa	Tokui – Free

TEAM KATA - CADETS/JUNIORS/SENIORS (including 14-17 Years)

- Tokui
- NO Repeats
- Bunkai required in medal rounds